

Men do it in Sheds

Registered Charity Number 1156425



Giving a welcome and support for mature men with time
on their hands

Starts Today 13 Oct - A New Matched Funding Opportunity



10.00 a.m. 13 October sees the start of another Matched Funding opportunity with Local Giving.

The ground rules this time are a little different:

Amounts up to £10 will be matched with another £10 **BUT** there is a limit of 5 donations per person. Remember, only the first £10 of a donation counts for matched funding, so if you want to donate more than £10, do so in multiple donations of £10 or less, up to a maximum of 5 donations.

New Direct Debits will be matched for a further 3 months. There is no limit on the donation amount per month.

First thanks to the more than 40 Shed members who make monthly donations to the Shed. This makes a fantastic difference to our Shed, giving it far more assurance that it remains financial solvent. You'll recall it cost us a little over **£10,000** per year to run the Shed. 40 members donating £10 per month represents an annual income of about **£4,500** including an allowance for Gift Aid, the tax you pay which is



News and coming Events

Meet the Sheddors event.



The event which too place on the 24th Sept, was a roaring success. Over 100 attended and visitors came from as far afield as the Isle of White and Birmingham. A report in the local press can be found on this [link](#). There

reclaimed.

You'll recall that in order for the Shed to bridge the annual shortfall, we suggested an increase in monthly donation to **£15 per month**. With Gift Aid this represent about **£6250** per year. And with various Matched funding opportunities through Local Giving, we estimate that we can attract a further £2000 or thereabouts making a total of **£8250 against our annual cost of £10,000. Now you'll understand why local Giving is so important to the Shed.**

But as yet many have as yet not made this increase. It's recognised that Local Giving's system doesn't make this easy as Local Giving does not allow a monthly donation amount to be changed, nor permit more than one monthly donation on the same bank account. To increase a donation you have to delete the old monthly donation and set up a new one.

But this not a problem, its an opportunity. If you delete you Direct Debit donation through the Local Giving web site and set up a fresh one for £15 or more, Local Giving will match this new donation for 3 Months, which means the Shed gets another £45 or more, which for 40 members represents £1800 extra income.

So why not start your new monthly donation today? Should you need any help, ask Peter, in the Shed Wednesday or Friday this week, or email peter@meninshedmk.org.uk . Remember to have your user name and password for your Local Giving Account at hand along with the bank Sort Code and Account Code. Thanks

Our supports include



Milton Keynes Christian Foundation



was also good coverage in the Bedford and Aylesbury press.

Hospital praised Men in Sheds

There was also a follow up article on the Shed, see [link](#).

Don't let Bowel Cancer get you!

- There are estimated to be around 290,000 people alive in the UK in 2015 who have had a diagnosis of bowel cancer at some point in their lives.
- 95% of cases of bowel cancer occur in people aged 50 and over.
- 56% of cases of bowel cancer occur in men and 44% of cases occur in women For more information see [link](#).

If Bowel Cancer is diagnosed at its earliest stages there's a 95% chance of survival, and you guessed, 100% for women. But only about 1 in 10 cases are diagnosed this early. [See Cancer research information](#). So the message is, don't ignore the signs, get it dealt with early and survive. Come along to a talk in the Shed 21 Oct, 11 a.m. and find out what you need to know.

Donate, Please!

Single Donation

Give Monthly



Remember you can very easily donate to the Shed and help it remain a going concern, by going to [this link](#). Thank you.

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